

Holy Spirit Chaplet

Written by Blessed Elena Guerra, founder of the Oblates of the Holy Spirit

INSTRUCTIONS

Introduction

1. "O God, come to my assistance. O Lord, make haste to help me."
2. "Glory be to the Father, to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end, Amen."

on the main beads...

In each mystery we ask for a gift of the Holy Spirit.

2. State the Petition for a gift from the Holy Spirit (*see below, 7 Gifts of the Holy Spirit*)

3. Recite on the 7 Small Beads of Each Decade - "Father, in the name of Jesus ..."

"Father, in the Name of Jesus, send forth your Spirit and renew the world."

4. Conclude each decade with... "O Mary..."

"O Mary, who by the work of the Holy Spirit, conceived the Savior, pray for us."

The 7 Gifts of the Holy Spirit

1st Gift of the Holy Spirit

Come, O Spirit of Wisdom, detach us from earthly things and infuse in us a love and taste of heavenly things.

Repeat #2 #3 #4

2nd Gift of the Holy Spirit

Come, O Spirit of Understanding, enlighten our minds with the light of your eternal truth and the riches of holy thoughts.

Repeat #2 #3 #4

3rd Gift of the Holy Spirit

Come, O Spirit of Counsel, make us docile to your inspirations and guide us in the way of salvation.

Repeat #2 #3 #4

4th Gift of the Holy Spirit

Come, O Spirit of Fortitude, and give us strength, constancy and victory in the battle against our spiritual enemies.

Repeat #2 #3 #4

5th Gift of the Holy Spirit

Come, O Spirit of Knowledge, be the Master of our souls and help us to put into practice Your teachings.

Repeat #2 #3 #4

6th Gift of the Holy Spirit

Come, O Spirit of Piety, come to live in our heart to possess and sanctify all of our affections.

Repeat #2 #3 #4

7th Gift of the Holy Spirit

Come, O Spirit of the Fear of the Lord,
reign over our will and make us always disposed to suffer every evil rather than to sin.

Repeat #2 #3 #4

Conclusion

Recite the 3 Invocations to Mary:

1. "O most pure Virgin Mary, by your Immaculate Conception you were made a chosen tabernacle of Divinity by the Holy Spirit. Pray for us. May the Divine Paraclete come soon to renew the face of the earth."

"Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen."

2. "O most pure Virgin Mary, by the Mystery of the Incarnation you became true Mother of God by the Holy Spirit. Pray for us. May the Divine Paraclete come soon to renew the face of the earth."

"Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen."

3. "O most pure Virgin Mary, persevering in prayer with the Apostles in the Upper Room, you were abundantly inflamed by the Holy Spirit. Pray for us. May the Divine Paraclete come soon to renew the face of the earth."

"Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen."

And conclude with :

"Let us pray:

Send Your Spirit, Lord, and transform us interiorly with Your gifts. Create in us a new heart that we may please You and be conformed to Your will. Through Christ our Lord, Amen."

Promises of Devotion to the Holy Spirit

The 12 Fruits of the Holy Spirit

- 1) Charity
- 2) Joy
- 3) Peace
- 4) Patience
- 5) Benignity
- 6) Goodness
- 7) Longanimity
- 8) Mildness
- 9) Faith
- 10) Modesty
- 11) Continence
- 12) Chastity

The 7 Gifts of the Holy Spirit

- 1) Wisdom
- 2) Understanding
- 3) Counsel
- 4) Fortitude
- 5) Knowledge
- 6) Piety
- 7) Fear of the Lord

The Promise of Jesus given to St. Mariam of Jesus Crucified, the "Lily of Palestine"

"Whoever invokes the Holy Spirit will look for Me and find Me. His conscience will be as delicate as a flower in the field. Peace will reign in his family, and his heart will be in peace in this world and in the next. He will not die in darkness, but in peace."