

# The Chaplet of St. Michael the Archangel a.k.a. Rosary of the Angels

*Given by St. Michael to Antónia d'Astónaco, a Portuguese Carmelite*

## INSTRUCTIONS

### Introduction

#### 1. Opening Prayer to Our Lady

"Oh, Immaculate Heart! Help us to conquer the menace of evil, which so easily takes root in the hearts of the people of today, and whose immeasurable effects already weigh down upon our modern world and seem to block the paths towards the future!

From famine and war, deliver us. From nuclear war, from incalculable self-destruction, from every kind of war, deliver us. From sins against the life of man from its very beginning, deliver us. From hatred and from the demeaning of the dignity of the children of God, deliver us. From every kind of injustice in the life of society, both national and international, deliver us. From readiness to trample on the commandments of God, deliver us. From attempts to stifle in human hearts the very truth of God, deliver us. From sins against the Holy Spirit, deliver us, deliver us.

Accept, O Mother of Christ, this cry laden with the sufferings of all individual human beings, laden with the sufferings of whole societies. Let there be revealed, once more, in the history of the world your infinite power of merciful Love. May it put a stop to evil. May it transform consciences. May your Immaculate Heart reveal for all the light of Hope."

#### 2. Act of Consecration to Saint Michael the Archangel

"Saint Michael the Archangel, invincible prince of the angelic hosts and glorious protector of the universal Church, I greet you and praise you for that splendor with which God has adorned you so richly. I thank God for the great graces he has bestowed upon you, especially to remain faithful when Lucifer and his followers rebelled, and to battle victoriously for the honor of God and the divinity of the Son of Man.

Saint Michael, I consecrate to you my soul and body. I choose you as my patron and protector and entrust the salvation of my soul to your care. Be the guardian of my obligation as a child of God and of the Catholic Church as again I renounce Satan, his works and pomps. Assist me by your powerful intercession in the fulfillment of these sacred promises, so that imitating your courage and loyalty to God, and trusting in your kind help and protection, I may be victorious over the enemies of my soul and be united with God in heaven forever. Amen."

#### 3. A sincere Act of Contrition

"Oh my God, I am heartily sorry for having offended You. I detest all of my sins because of Your just

punishments, but most of all because they offend You, my God, Who are good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasions of sin. Amen."

4.

V. O God, come to my assistance

R. O Lord, make haste to help me.

5. Recite the "Glory be ..."

"Glory be to the Father, to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end, Amen."

### **on the main beads...**

In each of the 9 series of beads we make a request to ask for the intercession of Saint Michael

6. State the Petition for intercession (*see below, 9 Choirs of Angels*)

7. Recite on the single bead the "Our Father ...."

"Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen."

8. On each of the 3 Small Beads of Each Series, recite the "Hail Mary ..."

"Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen."

### *The 9 Requests of Intercession to Saint Michael in honor of each Choir of Angels*

1. By the intercession of St. Michael and the celestial Choir of Seraphim, may the Lord make us worthy to burn with the fire of perfect charity. Amen.

Repeat #7 and #8

2. By the intercession of St. Michael and the celestial Choir of Cherubim, may the Lord vouchsafe to grant us grace to leave the ways of wickedness to run in the paths of Christian perfection. Amen.

Repeat #7 and #8

3. By the intercession of St. Michael and the celestial Choir of Thrones, may the Lord infuse into our hearts a true and sincere spirit of humility. Amen.

Repeat #7 and #8

4. By the intercession of St. Michael and the celestial Choir of Dominions, may the Lord give us grace to govern our senses and subdue our unruly passions. Amen

Repeat #7 and #8

5. By the intercession of St. Michael and the celestial Choir of Powers, may the Lord vouch safe to protect our souls against the snares and temptations of the devil. Amen.

Repeat #7 and #8

6. By the intercession of St. Michael and the celestial Choir of Virtues, may the Lord preserve us from evil and suffer us not to fall into temptation. Amen.

Repeat #7 and #8

7. By the intercession of St. Michael and the celestial Choir of Principalities, may God fill our souls with a true spirit of obedience. Amen.

Repeat #7 and #8

8. By the intercession of St. Michael and the celestial Choir of Archangels, may the Lord give us perseverance in faith and in all good works, in order that we gain the glory of Paradise. Amen.

Repeat #7 and #8

9. By the intercession of St. Michael and the celestial Choir of Angels, may the Lord grant us to be protected by them in this mortal life and conducted hereafter to eternal glory. Amen.

Repeat #7 and #8

## **Conclusion**

9. Recite the "Our Father ..." once in honor of each of these angels ... -

In honor of St. Michael - "Our Father ..."

In honor of St. Gabriel - "Our Father ..."

In honor of St. Raphael - "Our Father ..."

In honor of our Guardian Angel - "Our Father ..."

10. Recite the "O glorious Prince St. Michael ..."

"O glorious Prince St. Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the Divine King, and our admirable conductor, thou who dost shine with excellence and superhuman virtue, vouchsafe to deliver us from all evil, who turn to thee with confidence, and enable us by thy gracious protection to serve God more and more faithfully every day."

11. Recite...

V. Pray for us, O glorious St. Michael, Prince of the Church of Jesus Christ

R. That we may be made worthy of His promises.

Almighty and Everlasting God, who by a prodigy of goodness and a merciful desire for the salvation of all men, hast appointed the most glorious Archangel, St. Michael, Prince of Thy Church, make us worthy, we beseech Thee, to be delivered from all our enemies that none of them may harass us at the hour of death, but that we may be conducted by him into the august presence of Thy Divine Majesty. This we beg through the merits of Jesus Christ, our Lord. Amen."

12. Recite the Prayer to Saint Michael the Archangel

"O Glorious Archangel St. Michael, Prince of the heavenly host, be our defense in the terrible warfare which we carry on against principalities and Powers, against the rulers of this world of darkness, spirits of evil. Come to the aid of man, whom God created immortal, made in his own image and likeness, and redeemed at a great price from the tyranny of the devil.

Fight this day the battle of the Lord, together with the holy angels, as already thou hast fought the leader of the proud angels, Lucifer, and his apostate host, who were powerless to resist thee, nor was there place for them any longer in Heaven. That cruel, that ancient serpent, who is called the devil or Satan, who seduces the whole world, was cast into the abyss with his angels. Behold, this primeval enemy and slayer of men has taken courage. Transformed into an angel of light, he wanders about with all the multitude of wicked spirits, invading the earth in order to blot out the name of God and of his Christ, to seize upon, slay and cast into eternal perdition souls destined for the crown of eternal glory. This wicked dragon pours out, as a most impure flood, the venom of his malice on men of depraved mind and corrupt heart, the spirit of lying, of impiety, of blasphemy, and the pestilent breath of impurity, and of every vice and iniquity.

These most crafty enemies have filled and inebriated with gall and bitterness the Church, the spouse of the immaculate Lamb, and have laid impious hands on her most sacred possessions. In the Holy Place itself, where has been set up the See of the most holy Peter and the Chair of Truth for the light of the world, they have raised the throne of their abominable impiety, with the iniquitous design that when the Pastor has been struck, the sheep may be scattered.

Arise then, O invincible Prince, bring help against the attacks of the lost spirits to the people of God, and give them the victory. They venerate thee as their protector and Patron; in thee holy Church glories as her defense against the malicious power of hell; to thee has God entrusted the souls of men to be established in heavenly beatitude. Oh, pray to the God of peace that He may put Satan under our feet, so far conquered that he may no longer be able to hold men in captivity and harm the Church. Offer our prayers in the sight of the Most High, so that they may quickly conciliate the mercies of the Lord; and beating down the dragon, the ancient serpent, who is the devil and Satan, do thou again make him captive in the abyss, that he may no longer seduce the nations. Amen.

Behold the Cross of the Lord; be scattered ye hostile powers. The Lion of the tribe of Judah has conquered, the root of David. Let thy mercies be upon us, O Lord. As we have hoped in thee. O Lord, hear my prayer. And let my cry come unto thee.

Let us pray. O God, the Father of our Lord Jesus Christ, we call upon thy holy name, and as

suppliants we implore thy clemency, that by the intercession of Mary, ever Virgin Immaculate and our Mother, and of the glorious Archangel St. Michael, thou wouldst deign to help us against Satan and all other unclean spirits, who wander about the world for the injury of the human race and the ruin of souls. Amen."

### **Promises of St. Michael**

"Whoever would practice this devotion in his honor would have, when approaching the Holy Table, an escort of nine angels chosen from each of the Choirs. In addition, for the daily recital of these nine salutations, he promised his continual assistance and that of all the holy angels during life, and after death deliverance from Purgatory for themselves and all their relations."